



Didier Dietschi, D.M.D., Ph.D.

## Excellence and Innovations in Composites: Direct Anterior Techniques and the “No-Prep” Ultra-Conservative Treatment of Anterior and Posterior Tooth Wear

May 1 – 4, 2019

### Course Itinerary

#### Wednesday, May 1

|                     |  |
|---------------------|--|
| 07:25 am            | Meet in the lobby for shuttle from the Hotel Pullman San Francisco Bay to IDEA   |
| 07:45 am            | Breakfast at IDEA  |
| 08:30 am - 10:30 am | <b>Lecture: Anterior Restorations</b><br>Global considerations for treatments in the smile frame<br>"Bio-Aesthetics"- a new approach combining conservation & aesthetics<br>“Free-hand bonding” Indications & Limits |
| 10:30 am – 10:50 am | Break  |
| 10:50 am - 12:00 pm | <b>Lecture continues:</b><br>Aesthetic diagnosis<br>Mock-up Techniques<br>Shade Selection<br>Step-by-Step procedures: introduction to the hands-on   |
| 12:30 pm - 01:30 pm | Lunch  |
| 01:30 pm - 04:00 pm | <b>Hands-on:</b><br>Anterior restorations - The classical "centrifugal" technique<br>Class III and V restorations  |
| 04:00 pm - 04:20 pm | Break  |
| 04:20 pm - 06:30 pm | <b>Hands-on continues:</b><br>The "bucco-lingual" technique with the silicone index<br>Class IV and form corrections   |
| 06:30 pm – 08:00 pm | <b>Welcome Reception and “Networking” Dinner at IDEA</b>   |
| 08:00 pm            | Shuttle from IDEA to the Hotel Pullman San Francisco Bay   |

#### Thursday, May 2

|          |  |
|----------|--|
| 07:25 am | Meet in the lobby for shuttle from the Hotel Pullman San Francisco Bay to IDEA |
| 07:45 am | Breakfast at IDEA  |



|                     |  |
|---------------------|--|
| 08:30 am - 10:30 am | <b>Lecture: Anterior Restorations</b><br>Preparation for invisible transition & finishing line<br>The Natural Layering Concept<br>Polychromatic restorations & effect shades |
| 10:30 am - 11:00 am | Break  |
| 11:00 am - 12:00 pm | <b>Lecture continues:</b><br>Step-by-step procedures (part II)<br>Advanced finishing & polishing techniques  |
| 12:30 pm - 01:30 pm | Lunch  |
| 01:30 pm - 04:00 pm | <b>Hands-on:</b><br>Class IV (continues)<br>Large restorations & form corrections<br>Dentin and enamel application<br>Direct veneers “normo-monochromatic”                   |
| 04:00 pm - 04:20 pm | Break  |
| 04:20 pm - 06:00 pm | <b>Hands-on continues:</b><br>Direct veneers “normo-monochromatic”(continues)<br>Finishing and polishing<br>Morphological determinants                                       |
| 06:30 pm            | Shuttle from IDEA to the Hotel Pullman San Francisco Bay   |

### Friday, May 3

---

|                     |   |
|---------------------|---|
| 07:25 am            | Meet in the lobby for Shuttle from the Hotel Pullman San Francisco Bay to IDEA  |
| 07:45 am            | Breakfast at IDEA   |
| 08:30 am - 10:30 am | <b>Lecture: Anterior Restorations</b><br>Selection of material & different composite technologies<br>Longevity and maintenance<br>Summary indications & limits of “free-hand bonding” : case presentation |
| 10:30 am - 10:50 am | Break   |
| 10:50 am - 12:30 pm | <b>Lecture continues:</b><br>Case presentation continues  |
| 12:30 pm - 01:30 pm | Lunch   |
| 01:30 pm - 04:00 pm | <b>Hands-on:</b><br>Direct veneers “polychromatic”<br>Internal characterization and effect shades (Part I)  |
| 04:00 pm - 04:20 pm | Break   |

---



---

|                     |   |
|---------------------|---|
| 04:20 pm – 06:00 pm | <b>Hands-on continues:</b><br>Direct veneers “polychromatic”<br>Internal characterization and effect shades (Part II) |
| 06:30 pm            | Shuttle from IDEA to the Hotel Pullman San Francisco Bay  |

### Saturday, May 4

---

|                     |  |
|---------------------|--|
| 07:25 am            | Meet in the lobby for Shuttle from the Hotel Pullman San Francisco Bay to IDEA   |
| 07:45 am            | Breakfast at IDEA  |
| 08:30 am – 10:00 am | <b>Lecture; Tooth wear</b><br>Interceptive treatment of abrasion and erosion using conservative adhesive techniques:<br>rationale & indications<br>Options according to tooth wear extent (anterior & posterior teeth) |
| 10:00 am – 10:20 am | Break  |
| 10:20 am – 12:30 pm | <b>Lecture continues:</b><br>Interceptive treatment of abrasion and erosion using conservative adhesive techniques:<br>detailed clinical protocols according to tooth wear extent                                      |
| 12:30 pm – 01:30 pm | Lunch  |
| 01:30 pm – 03:00 pm | <b>Hands-on:</b><br>Treatment of tooth wear: direct occlusal build-ups   |
| 03:00 pm – 03:20 pm | Break  |
| 03:20 pm – 05:00 pm | <b>Hands-on continues:</b><br>Treatment of tooth wear: the shell technique   |
| 05:00 pm – 06:30 pm | <b>Graduation Ceremony and Celebration Dinner at IDEA</b>  |
| 06:30 pm            | Shuttle from IDEA to Hotel Pullman San Francisco Bay   |

*"I was very impressed with the quality of the hands on and lecture content of the course and facility. The material learnt was immediately applicable to me and my practice upon learning. Excellent job Didier and Bob."*  
Rashmi Patel, General Practitioner, Torrington, CT

*"Dr. Dietschi's approach to treating worn dentition is the new gold standard! IDEA's facilities are amazing and it is a great learning environment."*  
Timothy Cheung, General Practitioner, Vancouver, BC, Canada