



John West, D.D.S., M.S.D.
Jordan West, D.D.S., M.S.D.

Mini-Residency in State-of-the-Art Endodontics: Experience your Endodontic Excellence

November 3 – 6, 2021

Course Itinerary

Wednesday, November 3

07:25 am	Meet in the lobby for shuttle from the Hotel Pullman San Francisco Bay to IDEA
07:45 am - 08:30 am	Breakfast at IDEA
08:30 am – 10:00 am	<p>Seminar Room “Hear It”</p> <ol style="list-style-type: none">1. Greetings and Introduction2. “Hear It”, “See It”, “Do It!”, “Measure It”, “Celebrate It!”3. “Hear It”: Start with the Answer4. We believe this class is perhaps the most serious and significant clinical class of your career. Endodontic competence, consistency, and confidence are the fastest way to grow practice and can be, at the same time, highly satisfying and profitable. You came here for a purpose and intended result. What is it? We invite you to vividly imagine in the theater of your mind that it is now 5:00pm of the last day. The class is coming to an end. Imagine you got what you came here for. What does that “One Thing” look like in your imagination, feel like in your gut, and what do you now believe about yourself? In order to achieve what you just imagined, we both have a job over the next 96 hours... <p>Your job: Identify the positive endodontic difference that you want for yourself</p> <p>Our job: Teach and develop the skills and internal capacities to make those endodontic differences a reality</p> <ol style="list-style-type: none">5. 3X5 Vision statement exercise6. Designing successful access cavity preparations7. Preparing the Glidepath: mastering the four manual motions
10:00am – 10:30 am	Break
10:30 am – 01:00 pm	<p>Seminar Room “Hear It”</p> <ol style="list-style-type: none">1. Shaping and Cleaning the root canal system with ProTaper Gold and WaveOne Gold2. Conefit
01:00 pm - 02:00 pm	Lunch “Enjoy it”
02:00 pm - 06:00 pm	<p>Clinical Lab “See It,” “Do It!” “and “Measure It”</p> <ol style="list-style-type: none">1. Chairside operator orientation2. Microscope is our friend3. “See it” Demo Access, Shape and Clean with ProTaper Gold, Conefit



4. “Do it” Now it’s your turn: access two anteriors, two premolars, and one maxillary molar and one mandibular molar (Check Finished access at Demo station)
5. After accesses measured (checked off by Jordan or John), then prepare Glidepath, Shape and Clean with ProTaper Gold
6. “Measure It” with digital image of Conefit. Save cones in canals until next day’s 3-D obturation
7. Homeplay assignment

06:00 pm – 07:30 pm

“Celebrate It” Welcome Reception and “Networking” Dinner at IDEA

07:30 pm

Shuttle from IDEA to the Hotel Pullman San Francisco Bay

Thursday, November 4

07:25 am

Meet in the lobby for shuttle from the Hotel Pullman San Francisco Bay to IDEA

07:45 am - 08:30 am

Breakfast at IDEA

08:30 am - 10:30 am

Seminar Room “Hear It”

1. “Measure it” evaluate Conefit results against “Finishing Checklist.”
2. “See It” Video of team endodontics
3. “Hear It” 3-D obturation with vertical compaction of warm gutta-percha (Multiwave and Singlewave)

10:30 am – 01:00 pm

Clinical lab “Do It” and “Measure It”

1. Clean, Shape and Pack (CSP)
2. Case reviews that you brought

01:00 pm - 02:00 pm

Lunch “Enjoy It”

02:00 pm – 06:00 pm

Clinical lab “Do It”

1. Clean, shape and Pack (CSP)
2. Case reviews that you brought

06:00 pm – 06:30 pm

Seminar Room “Hear It”

1. Review
2. Home play assignment

07:00 pm

Shuttle from IDEA to the Hotel Pullman San Francisco Bay

Friday, November 5

07:25 am

Meet in the lobby for shuttle from the Hotel Pullman San Francisco Bay to IDEA

07:45 am - 08:30 am

Breakfast at IDEA

08:30 am – 09:30 pm

Seminar Room “Measure It”

1. “Measure It” evaluate previous day’s CSPs
2. Discussion about any notable trends

09:30 am – 01:00 pm

Clinical Lab “See It” “Do It” and “Measure It”



	<ol style="list-style-type: none">1. “See it” Wave One Gold demo, CSP, and nonsurgical retreatment if desired2. CSP3. Case reviews that you brought
01:00 pm - 02:00 pm	Lunch “Enjoy It”
02:00 pm - 05:30 pm	Clinical lab “Do It!” and “Measure It” <ol style="list-style-type: none">1. CSP2. Breakouts3. Individual one-on-one coaching/teaching, case reviews
06:00 pm	Shuttle from IDEA to the Hotel Pullman San Francisco Bay

Saturday, November 6

07:25 am	Meet in the lobby for shuttle from the Hotel Pullman San Francisco Bay
07:45 am - 08:30 am	Breakfast at IDEA
08:30 am - 09:30 am	Seminar Room “Hear It” <ol style="list-style-type: none">1. “Measure it” previous day’s CSPs2. Is there anything missing in order to achieve what I came here for?
09:30 am - 12:00 pm	<u>Clinical Lab</u> “Do It!” and “Measure It” <ol style="list-style-type: none">1. CSP2. Ten-minute one-on-ones
12:00 pm - 01:00 pm	Lunch “Enjoy It”
01:00 pm - 04:30 pm	Seminar Room “Hear It” and “Implement It” <ol style="list-style-type: none">1. Four changes that affect endodontics and Trends2. Diagnosis and Emergency Treatment3. Growing Your Practice through Endodontics4. Takeaways for immediate integration into your practice
04:30 pm - 05:00 pm	Course Evaluations
05:00 pm - 06:30 pm	Graduation Ceremony and Celebration Dinner at IDEA
06:30 pm	Shuttle from IDEA to the Hotel Pullman San Francisco Bay

“WOW! What an incredible course on Endodontics! This has been a real culmination in my Endodontic career - and now to really have learned proper endo techniques and fully feel confident to do it Monday morning! Both Drs. John and Jordan West are truly the best in their field - and really teach it well. Thank you.”

Winston Wing, General Practitioner, Peace River, AB, Canada